

# Carers Week 2006



June 12<sup>th</sup> - 18th

## Programme of Events

Some of these events are supported by the Partnership Grant Project of the Primary Care Trusts and Social Services Departments of Leicestershire and Rutland, and the Leicester City Neighbourhood Renewal Single Community Programme.

These events have been arranged by member organisations of the Carers Partnership Group, which is made up of carers and carers workers around Leicester, Leicestershire and Rutland. If you have problems attending any of these events, due to transport or caring issues, please use the contacts list on the back of the programme.

Most events are free, but you will need to contact the organiser for full information.

### Contacts:

Blaby CVS:

Charnwood CVS:

CLASP:

CLASP (Rutland):

Melton Borough CVS:

North West Leicestershire CVS:

Rethink:

South Leicestershire CVS:

Voluntary Action Hinckley & Bosworth:

Voluntary Action Oadby and Wigston:

Sandra George – (0116) 2751918

Karen Robinson – (01509) 631783

Charles Huddleston – (0116) 2510999

Gill Huddleston – (0116) 2510999

Jan Anyan – (01664) 410007

Sarah Hoult-Ellingworth – (01530) 510515

Tim Cook – (01530) 836289

Maureen O'Malley – (01858) 439263

Kathy or Keith – (01455) 231998

Sue Hill – (0116) 2810026

## FRIDAY 9<sup>TH</sup> JUNE

Barge Trip with the Peter Le Marchant Trust. £2 per person. **Pre-booking essential.** Contact Sandra George on (0116) 2751918

## SUNDAY 11<sup>TH</sup> JUNE

10.00-3.00pm Day trip on fully accessible narrow boat. Depart from Loughborough. **Pre-booking essential.** Contact Sarah or Sian on (01530) 510515.

## MONDAY 12<sup>TH</sup> JUNE

10.00-4.00pm Cruise on the Nottingham Princess. £10 per person. **Booking essential.** Contact Sue Hill on (0116) 2810026.

10.00-3.00pm Taster day at LA Fitness followed by lunch at Lynroys on the Canal in Loughborough. **Booking essential.** Contact Karen Robinson on (01509) 631783.

(Times tba) Coach Trip to Barnsdale Gardens. £3 per person. **Booking essential.** Contact Sandra George on (0116) 2751918.

10.00-12.00 noon Choice of holistic therapies at Stephenson College. **Pre-booking essential.** Contact Sarah Hoult-Ellingworth on (01530) 510515.

1.00-3.00pm Choice of holistic therapies at Stephenson College. **Pre-booking essential.** Contact Sarah Hoult-Ellingworth on (01530) 510515

11.00- 2.00 pm CLASP Carers Information Stand at Leicester General Hospital Staff Canteen

1.30-3.00pm Rutland Carers Support Group – Expert Patients Programme Taster Session at The Lodge, Stamford Road, Oakham. Contact Margaret Hopewell on (01664) 820026 or Sue Bamber on (01572) 770324.

2.30-4.00pm Carers Get Together – for carers from Fleckney and the surrounding area. At Fleckney Library. No need to book – contact Maureen or Jacqui on (01858) 439263/2.

7.00pm Race Night at the Stage Door. Come along, place your bets and cheer on your favourite past the winning post or buy your own horse for the evening – loads of fun and laughs! Contact Kathy or Keith on (01455) 231998.



## TUESDAY 13<sup>TH</sup> JUNE

9.00-2.00pm Publicity and Promotion event. Market Hall, Northampton Road, Market Harborough. Contact Maureen or Jacqui on (01858) 439263/2.

9.00-4.00pm Pampering Day – sessions of Reflexology and manicures. Contact Kathy or Keith on (01455) 231998.

9.45-4.30pm Day Trip to Kedleston Hall, Derbyshire. £5 per person: includes coach transport, entrance fee and afternoon tea with scones and cakes. **Booking Essential.** Unfortunately the grounds cannot accommodate powered scooters. Contact Sonia or Charles on (0116) 2510999.

- 9.30-3.30pm Promoting Carers Support Services – The Bell Centre, Melton Mowbray. Contact Jan Anyan on (01664) 410007.
- 10.00-4pm approx Trip to Coors Visitor Centre (former Bass Museum). Food available at the Centre or bring packed lunch. **Booking essential.** Contact Karen Robinson on (01509) 631783.
- (Times tba) Pampering Day in the Blaby District. Venue to be announced later. **Booking required.** Contact Sandra on (0116) 2751918.
- 11am Drop-in coffee morning at Wigston Library. Contact Sue Hill on (0116) 2810026.

### WEDNESDAY 14<sup>th</sup> JUNE

- (Times tba) Day Trip to Rutland Water (and picnic) with Rethink. Transport available – **Booking essential.** Contact Tim Cook on 01530 836289.
- 10.00-1.00pm Blaby District Carers Forum at Enderby Civic Centre. Fire safety talk and food demonstration.
- 10.30-12.30pm Pampering session at Gloucester House, Melton Mowbray. Pre-booking essential. Contact Jan Anyan on (01664) 410007.
- 10.30-12.30pm Take Care of Yourself Day for Carers – Salvation Army Community Centre in South Wigston – manicures, presentation from the Common Mental Health Therapy Service, complementary therapies, Tai Chi and refreshments. **Booking essential for therapies, etc.** Contact Sue Hill on (0116) 2810026.
- 11.00-2.00pm North West Leics. Carers Forum. Talk by a representative from Sunnyside Garden Nursery: come along and “plant a pot of colour.” Buffet lunch. Information stands. Contact Sarah or Sian on (01530) 510515.
- 11.00-2.00pm CLASP Carers Information Stand at Leicester Royal Infirmary Staff Canteen
- 11.30-4.00pm Trip to Rockingham Castle from Market Harborough. Light lunch and guided tour included. Cost £5.00 per person – **maximum 25 places.** Contact Maureen or Jacqui on (01858) 439263/2.

### THURSDAY 15<sup>th</sup> JUNE

- 9.15-6.15pm Gardeners Trip to Spetchley Park Gardens, Berkley, Glos. Cost £6 including coach and admission fees. **Booking essential.** Contact Karen Robinson on (01509) 631783.
- 10.30-4.00pm (ish) Coach trip to Barnsdale Gardens, including lunch. **Booking Essential.** Contact Jan Anyan on (01664) 410007.
- 1.30-3.30pm Carers Afternoon Tea at the Harborough District Council Chambers. Free – no booking required. For more information contact Maureen or Jacqui on (01858) 439263/2.



12.00-3.00pm Hinckley Carers Forum, followed by Bingo at the Meeting Rooms, Marchant Road, Hinckley. Information stands. Have some fun and win great prizes. Contact Kathy or Keith on (01455) 231998.

(Times tba) Rutland Carers Lunch at Greetham Valley Golf Club. £6 per person. **Booking Essential.** Contact Charles or Gill on (0116) 2510999.

Evening Skittles and quiz night with meal. £3 per person at the Red Lion, Huncote.  
(times tba) **Booking essential.** Contact Sandra on (0116) 275 1918.

## FRIDAY 16<sup>th</sup> JUNE

9.15-5.00pm Coach Trip to Stratford upon Avon. Contact Kathy or Keith on (01455) 231998

10.00-12.00 noon Choice of holistic therapies at Stephenson College. Pre-booking **essential.** Contact Sarah Hoult-Ellingworth on (01530) 510515.

11.00-2.00pm CLASP Carers Information Stand at Glenfield Hospital Staff Canteen

11.00-1.00pm South Leicestershire Carers Forum at Wycliffe House, Gilmorton Road, Lutterworth, Leics. Lunch provided. Contact Maureen or Jacqui on (01858) 439263/2

1.00-3.00pm Choice of holistic therapies at Stephenson College. Pre-booking **essential.** Contact Sarah Hoult-Ellingworth on (01530) 510515.

7.00-10.30pm Jazz and Supper with information for carers at Hawthorn House, Wigston - £2 for supper. Contact Sue Hill on (0116) 2810026.

## SATURDAY 17<sup>th</sup> JUNE

10.00-3.00pm Family Fun Day for carers and their families, at West Gate School (old Piper Way site), Glenfield Road Leicester. Yoga, Tai Chi, Complementary Therapies, Activities and Relaxation. Refreshments.

3.30-9.00pm Evening Concert on the lawn at Ulverscroft Manor. Light picnic tea provided. **Booking essential.** Contact Karen Robinson on (01509) 631783.

6.30-9pm Proms/Party in the Park. Music in celebration of Mozart's 250<sup>th</sup> birthday! All carers will be treated to a hamper and Buck's Fizz. **Booking essential.** Contact Kathy or Keith on (01455) 231998.

## SUNDAY 18<sup>th</sup> JUNE

6pm start Beer and Skittles at Burbage Constitutional Club. **Booking essential.** Contact Kathy or Keith on (01455) 231998.